FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

ON	ИB	AP	PR	O\	/AI

l	OMB Number:	3235-0287
l	Estimated average burden	
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person Lieb Richard J			2. Issuer Name and Ticker or Trading Symbol Orion Office REIT Inc. [ONL]	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle)		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/16/2023	^	Officer (give title below)	Other (specify below)		
C/O ORION OFFICE REIT INC. 2398 E. CAMELBACK ROAD, SUITE 1060 (Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
PHOENIX AZ 85016			Rule 10b5-1(e) Transaction Indication					
(City)	(State)	(Zip)	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to s affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Ad Disposed Of (D			5. Amount of Securities Beneficially Owned Following Reported	Form: Direct (D)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	05/16/2023		A		18,349(1)	A	\$0	29,373	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	1. Title of	2.	3. Transaction	3A. Deemed	4. 5. Number of		6. Date Exercisable and 7. Title and			tle and Amount of 8. Price of		9. Number of	10.	11. Nature	L		
-1	Derivative	Conversion	Date	Execution Date,	Transac	Transaction Derivative		Derivative Expiration Date		Securities Underlying		Derivative	derivative	Ownership	of Indirect	L	
- 1	Security (Instr. 3)	or Exercise	(Month/Day/Year)	if any	Code (In	Code (Instr. Securities		(Month/Day/Year)		Derivative Security		Security	Securities	Form:	Beneficial	1	
- 1		Price of		(Month/Day/Year)	8) Acquired (A)		1		(Instr. 3 and 4)		(Instr. 5)	Beneficially	Direct (D)	Ownership	L		
- 1		Derivative					or Disp	osed of						Owned	or Indirect	(Instr. 4)	L
		Security			(D) (Instr. 3, 4		i					Following	(I) (Instr. 4)		L		
- 1					and 5)		I 5)					Reported			L		
- 1													-	Transaction(s)			L
- 1						l						Amount		(Instr. 4)			L
- 1						l						or					1
- 1						l			Date	Expiration		Number					1
- 1					Code	l v	(A)	(D)	Exercisable	Date	Title	of Shares					ı
- L				1													4

Explanation of Responses:

Remarks:

/s/ Justin A. Shuler, by power of attorney

05/18/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} Represents restricted stock units ("RSUs") granted to the Reporting Person pursuant to the Issuer's equity plan. The RSUs vest in full on the earlier to occur of (i) the one-year anniversary of the grant date or (ii) the date of the annual meeting of the Issuer's stockholders next following the grant date, subject to the Reporting Person's continued service with the Issuer through such date.